

CERASports Athletics

Volleyball League Rules & Regulations

CERALAND Code of Conduct

CERALAND believes that all Annual Pass Holders/guest have the right to be involved in the spirit of recreation in a safe and fun atmosphere.

CERALAND encourages Annual Pass Holders/guests to portray good sportsmanship by demonstrating positive support for all Annual Pass Holders/guests, players, contest administrators and officials at any recreational activity.

CERALAND requires each Annual Pass Holder/guests to treat other players, coaches, fans, officials, and Annual Pass Holders/guests with respect regardless of race, gender, creed, or ability.

CERALAND will place the emotional and physical well being of participants, teammates, and opponents ahead of personal desires.

I. Eligibility

- A. Players and coaches must sign a waiver before taking the court.
- B. Rosters are the responsibility of the coaches when submitting for leagues.
- C. The deadline for releasing and signing players is before the third week.
- D. The roster limit is ten players. Each player must be at least 16 years old by the time of the first scheduled game.
- E. Players may participate on more than one night.
- F. Each player must play at least three matches of league play to be eligible for the tournament. Except, when an injury is involved and the Recreation Manager approves.
- G. In the event a league for women to participate in is not offered, they may receive permission from the Recreation Manager's to participate in the men's league.
- H. If a player is found illegal after rosters are verified and league play has started then the Recreation Manager will state a ruling on the issue. Play will continue without the participation of the illegal player. When a player is currently in a game and found illegal, the game will continue and a protest can apply. The Recreation Manager's will state a ruling on the protest.

- 1. Minimum Penalty: Suspension from two league games
- 2. Maximum Penalty: Suspension for up to (1) on calendar year

II. Unsportsmanlike Conduct

A. No player shall at any time lay a hand upon, shove, strike, or threaten a CERAland official or player. Officials are required to immediately eject the player from further play and report the player to the Recreation Manager. Such player will remain suspended from the league and tournament play until the issue is reviewed by the Recreation Manager.

- 1. Minimum Penalty: Immediate ejection and suspension from two league games and probation
- 2. Maximum Penalty: Banned indefinitely from Ceraland Leagues and/or files charged

B. It is the coach's responsibility to make sure that a player ejected from a

match leaves the premises immediately. Failure to comply results in a forfeit.

C. If a spectator is considered, by the official, to be acting in a hindering manner, the coach of that team will be asked to take care of the situation. If the spectator persists, then the official reserves the right to suspend them from the premises.

D. No player shall use unnecessary rough tactics, verbally abuse or physically attack an opposing player, official, or spectator before, during or after play.

1. Minimum Penalty: Removal from game and considered for suspension and/or probation

2. Maximum Penalty: Banned indefinitely from Ceraland Leagues and/or files charged

E. No player shall refuse to abide by an officials decision. Officials are required to immediately suspend player from further league play and report player to the league director. Such player will remain suspended until the Recreation Manager and a review committee decides upon their case.

1. Minimum Penalty: Immediate suspension and ejection and placed on probation

2. Maximum Penalty: Suspension from two league games and probation

III. Forfeits and Protests

A. Both teams must be on the court and ready to play at the scheduled starting time. There is a ten-minute grace period from the scheduled start time of each match. When the grace period elapses and one team does not have enough players, they will forfeit the game.

B. A double forfeit occurs when neither team can place enough players on the court at match time.

C. The official starting time of the second game is fifteen minutes from the original scheduled match time. The third game is thirty minutes after the original scheduled match time. There is no grace period given for the second and third games.

D. All judgment protests will be settled with the official and coaches at the time of the dispute. Any other protest must be submitted in writing to the Recreation Manager.

IV. General Rules

Note: We play with "Rally Scoring", which has become standard for most volleyball leagues. The match will consist of 2 games to 21 and a third to 15. There is a two-point cap to all three games.

A. The current U.S.V.A. rulebook will apply unless otherwise specified in the CERAland rules.

B. Tournament play matches are best of three games to determine the winner. Games are scored 21, 21, and 15 without a cap

C. Each team must have at least three players and no more than six players on the floor to start a match. In Co-ed, the positions should alternate women and men.

- D. A team may start more than three women but, not more than three men.
- E. When playing co-ed, a team may have two men and three women or three men and two women. A team may play with three men and one women in competitive and intermediate but, not non-competitive. The alternating of player's rule is only in effect when possible.
- F. Players may spike in the intermediate and competitive leagues.
- G. When a team is found to have an error in the position of its players, play must be stopped and the error corrected. All points are forfeited from the original point of the infraction. If the original point of the infraction can not be determined, the team in error will return to their correct position and lose one point or a side-out.
- H. Free substitution is allowed throughout the match.
- I. Each team may take two 30 second time outs per game. A maximum of two minutes between games is allowed.
- J. When the ball hits the lights, ceiling, or backboards on the opposing team's side, it is considered to be a dead ball. Teams may play off the lights, ceiling, and backboard on their own side.
- L. When playing non-competitive, there is no spiking allowed unless both teams agree to do so before the match begins. A player starting in the back row cannot block at the net.
- M. In non-competitive, all infractions are called by the two teams. If a ruling cannot be decided, then the point shall be replayed.
- N. When a stray ball is on the court, the official will call a dead ball and a replay is awarded.

V. Alcoholic Beverages

- A. No alcoholic beverages are allowed in the park.
- B. Any player determined by a CERAland official or employee as under the influence of alcohol will not be permitted to participate.
1. Minimum Penalty: Suspension from two league games and on probation
 2. Maximum Penalty: Suspension for up to (1) one calendar year and on Probation.

Provision and stipulations for playing with three players in a 'sixes' league.

You may play with as few as 3 players, provided at least one of the players is a female. The lineup is considered to be two players in the front row and one player in the back row.

Proper alignment must be maintained at the instant the ball is contacted for serve:

The Right Front (RF) player must be closer to the right sideline than the Left Front (LF) player LF must be closer to the left sideline than RF

The server is considered to be the back row player (RB) and may not be closer to the center line than RF

RB is bound by the official USAV rules concerning blocking and attacking:

RB may not participate in a block RB may not complete an attack of the ball from on or in front of the 3-meter line, if at the instant of contact, the ball is entirely above the horizontal plane of the net.

Before the whistle authorizing the first serve of the game, the captain of the team with

three (or four) players must inform the official which player will be that team's first server. If the team with three or four players is receiving serve first, that team's first server will start in the RF position, which means that the person ahead of the designated first server will be considered back row until that team wins the serve. If that team is serving first, then the first server is by rule the back-row player.

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