

CERASports Athletics

Soccer League Rules & Regulations

CERALAND Code of Conduct

CERALAND believes that all annual pass holders/guest have the right to be involved in the spirit of recreation in a safe and fun atmosphere.

CERALAND encourages annual pass holders/guests to portray good sportsmanship by demonstrating positive support for all annual pass holders/guests, players, contest administrators and officials at any recreational activity.

CERALAND requires each annual pass holder/guests to treat other players, coaches, fans, officials, and annual pass holders/guests with respect regardless of race, gender, creed, or ability.

CERALAND will place the emotional and physical well being of participants, teammates, and opponents ahead of personal desires.

I. Eligibility

- A. Players and coaches must sign a waiver before taking the court.
- B. Rosters are the responsibility of the coaches when submitting for leagues.
- C. The deadline for releasing and signing players is before the third week.
- D. The roster limit is twelve players. Each player must be at least 14 years old by the time of the first scheduled game.
- E. If a player is found illegal after rosters are verified and league play has started then the Recreation Manager will state a ruling on the issue. Play will continue without the participation of the illegal player. When a player is currently in a game and found illegal, the game will continue and a protest can apply. The Recreation Manager will state a ruling on the protest.

- 1. Minimum Penalty: Suspension from two league games
- 2. Maximum Penalty: Suspension for up to (1) on calendar year

II. Unsportsmanlike Conduct

A. No player shall at any time lay a hand upon, shove, strike, or threaten a CERAland official or player. Officials are required to immediately eject the player from further play and report the player to the Recreation Manager. Such player will remain suspended from the league and tournament play until the issue is reviewed by the Recreation Manager.

- 1. Minimum Penalty: Immediate ejection and suspension from two league games and probation
- 2. Maximum Penalty: Banned indefinitely from Ceraland Leagues and/or files charged

B. It is the coach's responsibility to make sure that a player ejected from a match leaves the premises immediately. Failure to comply results in a forfeit.

C. If a spectator is considered, by the official, to be acting in a hindering manner, the coach of that team will be asked to take care of the situation. If the spectator persists, then the official reserves the right to suspend them from the premises.

D. No player shall use unnecessary rough tactics, verbally abuse or physically attack an opposing player, official, or spectator before, during or after play.

1. Minimum Penalty: Removal from game and considered for suspension and/or probation

2. Maximum Penalty: Banned indefinitely from Ceraland Leagues and/or files charged

E. No player shall refuse to abide by an officials decision. Officials are required to immediately suspend player from further league play and report player to the league director. Such player will remain suspended until the Recreation Manager and a review committee decides upon their case.

1. Minimum Penalty: Immediate suspension and ejection and placed on probation

2. Maximum Penalty: Suspension from two league games and probation

III. Forfeits and Protests

A. Both teams must be on the court and ready to play at the scheduled starting time. There is a ten minute grace period from the scheduled start time of each match. When the grace period elapses and one team does not have enough players, they will forfeit the first game. Failure to present enough players at the 20-minute mark constitutes a forfeit of the second game. The third game start time is 40 minutes from the initially scheduled game time.

B. A double forfeit occurs when neither team can place enough players on the court at match time.

C. A team unable to attend a scheduled match should inform the Fitness Center so appropriate action can be taken.

IV. General Rules

A. Current approved soccer rules will be followed for offenses unless otherwise specified in the CERAland rules.

B. High-balls entitle a free kick from the spot where the ball was played. Balls hitting underside of track are out.

C. All free kicks – THREE YARDS, 9 FEET DEFENSE, LET'S GIVE OFFENSE ROOM

D. Defense is permitted to play the ball (w/feet) in the goal area. Use of hands by a non-goalie defender in the goal area constitutes a penalty. Kick from the top of the key. Offense is not permitted in the goal area. Violation awards a DIRECT PENALTY KICK FOR THE OFFENSE.

E. The goal-keeper may leave the goal area to play the ball with their feet. Use of hands by the goalie outside the goal area constitutes an INIRECT KICK.

F. THE ONLY DIRECT KICK SHALL BE THE PENALTY KICK (SEE RULE D).

G. Throw-outs by the goal-keeper must be made underhand and must touch a player or the wall before crossing the center line.

H. Substitution of players may be done at any time, but as soon as substitute

crosses the court lines the existing player can no longer play the ball.

I. No player is permitted to contact the ball with their head. High kicking (above the waist) should be discouraged. No slide tackles allowed.

J. Out of bounds balls are to be played as indirect kicks.

K. Penalty kick – one kicker vs. goalie from top of the key

L. Direct kick – kicker may score on kick

M. Indirect kick – In order to score, ball must contact a human after initial kick

N. One match of three games will be played each scheduled time.

O. Games are two 10 minute halves with a 2 minute interval. In the event of a tie a 5-minute overtime will be played.

P. CERALand will provide a time keeper and score keeper for the Scheduled games.

V. Alcoholic Beverages

A. No alcoholic beverages are allowed in the park.

B. Any player determined by a CERALand official or employee as under the influence of alcohol will not be permitted to participate.

1. Minimum Penalty: Suspension from two league games and on probation

2. Maximum Penalty: Suspension for up to (1) one calendar year and on probation

LADIES and GENTLEMEN: LET'S BE CAREFUL NEAR THE WALLS, FAIR PLAY ONLY PLEASE.

Revised: 1/4/17